

Schedule Biodynamic Intensive Seminar

	Monday July 29	Tuesday July 30	Wednesday July 31	Thursday August 1	Friday August 2
7:30-9:00 am		Breakfast	Breakfast	Breakfast	Breakfast
9:00-10:30 am		Classroom	Classroom	Classroom	Classroom Closing Plenum
10:30-11:00 am		Exercise	Exercise	Exercise	Break
11:00 am - 12:00 pm		Artistic Work	Artistic Work	Artistic Work	Classroom Closing Plenum
12:00-1:00 pm		Lunch	Lunch	Lunch	Lunch
1:00-2:00 pm		Leave for farm visit Conversation	Leave for farm visit Conversation	Leave for farm visit Conversation	
2:00-5:00 pm		Hawthorne Valley Farm (with 30-min break)	Churchtown Dairy (with 30-min break)	Camphill Village Copake (with 30-min break)	
5:00-6:00 pm		Leave farm Conversation	Leave farm Conversation	Leave farm Conversation	
6:00-7:30 pm		Dinner Sun Heart Farm	Dinner Sun Heart Farm	Dinner Sun Heart Farm	
7:30-9:00 pm	Gathering together Introductions	Evening reflections	Evening reflections	Evening reflections	