

# Life Processes into Learning Processes

Biodynamic Educators Collaborative

Phone conference March 27, 2014

<b>Life Process</b>		<b>Learning Process</b>
<b>Breathing</b>	Taking something in	<b>Observing</b>
<b>Warming</b>	Adjusting	<b>Relating</b>
<b>Nourishing</b>	Breaking down	<b>Digesting/assimilating</b>
<b>Secreting</b>	Sorting	<b>Individualizing</b>
<b>Maintaining</b>	Expressing self	<b>Practicing</b>
<b>Growing</b>	Developing	<b>Growing faculties</b>
<b>Reproducing</b>	Creating something new	<b>Creating</b>

Questions for small group conversations:

- 1- Describe a learning experience (you as either facilitator or learning) that resonated with you. How did this relate to the Life/Learning Processes?
- 2- What tools (see list below) were used to create this learning experience? How did that relate to these Learning Processes?
- 3- What were the challenges this learning experience was dealing with, and in what way was it successful?

Some tools to structure an educational experience:

- 1- Lecture
- 2- Question and Answer
- 3- Open discussion
- 4- Small group discussion (difference between groups of 2, 3, 4 or more)
- 5- Hands on experience – involving different senses
- 6- Artistic activity
- 7- Journaling
- 8- Independent project
- 9- Supervised task
- 10- Independent task
- 11- Group independent project
- 12- Readings/handouts
- 13- Meditative/observation exercises
- 14- Artistic presentation
- 15- Getting participant to teach others
- 16- Personal life sharing