

Working with Healing Plants and Biodynamics

**Biodynamic Association // Workshop Deb Soule, Jean-David Derreumaux, Carin Fortin
November 2024**

Resources + Recommended reading + Links

Deb Soul

The Healing Garden: Herbs for Health and Wellness by Deb Soule

How to Move Like a Gardener by Deb Soule

Plants Have So Much to Give Us, All We Have to Do Is Ask: Anishinaabe Botanical Teachings by Mary Sissip Genuisz

Cosmos, Earth and Nutrition: A Biodynamic Approach to Agriculture by Richard Thornton Smith

Sacred Instructions by Sherri Mitchell

Braiding Sweetgrass by Robin Wall Kimmerer

Serviceberry by Robin Wall Kimmerer (just published)

Grow a Row of Calendula www.helpgrowarow.org

www.avenabotanicals.com

www.herbalhummingbirdhub.org

www.fortybelovedherbs.com a 10 month online course starting January 6, 2025, taught by herbalists Deb Soule and Lauren Valle, covering forty herbs in great detail-celebrating Avena Botanicals 40th anniversary

Jean-David Derreumaux

Books:

- Craig Holdridge, Thinking like a plant

- Pierre Masson, A Biodynamic Manual: Practical Instructions for Farmers and Gardeners

- W. Pelikan, The healing plant (3 volumes)

- Deb Soule, How to Move Like a Gardener

- Dennis Klocek, Sacred agriculture

- Dick van Romunde – about formative forces in the plant world

- George Adams and Olive Wicher – The plant between Sun and Earth

Organizations / Farms:

- The Nature Institute, <https://www.natureinstitute.org/>

- Pfeiffer Center, <https://www.pfeiffercenter.org>

- Soil, soul and spirit – Dennis Klocek lectures, articles and publications website - <https://soilsoulandspirit.com/>

- Churchtown Dairy Medicinal Gardens <https://www.churchtowndairy.org/>

Carin Fortin

Healing Plants by Wilhelm Pelikan Volume II: Insights through Spiritual Science

Healing for Body, Soul and Spirit: An Introduction to Anthroposophic Medicine by Michael Evans and Iain Rodger

If the Organs Could Speak The Foundations of Physical and Mental Health: Understanding the Character of Our Inner Anatomy by Olaf Koob

Healing Plants Herbal Remedies from Traditional to Anthroposophical Medicine Markus Sommer; Translated by Lynda Hepburn

The Working of the Planets and the Life Processes in Man and Earth by Lievegoed, Bernard Free online download.

The Language of Plants: A Guide to the Doctrine of Signatures by Julia Graves

The Spirit in the Realm of Plants by Rudolf Steiner, Mercury Press

The Foundations and Principles of Biodynamic Preparations by Dr Manfred Klett

Professional Group 'Healing Herbs, Aromatic Herbs and Cosmetic Plants' at the Goetheanum / Section for Agriculture

www.blossomsfarm.com